

# 5 DAY SUPERVISION COURSE



## Presented by: Dr Susan Lewis

Susan is a Social Worker and Psychologist. She completed a Masters degree in Supervision and has practiced in a number of clinical settings. For the past 20 plus years she has been in private practice. She has been a consultant to a wide range of organizations, conducted hundreds of hours of individual and group supervision/consultation and has run this course for 29 years.



If you work in the Human Services at a managerial level, or offer supervision within your clinical practice, you can't afford to miss this well established course which has run for the past 30 years. This course can be distinguished from other courses as it offers comprehensive training with opportunities for hands on experience. The course brings together psychological and management theories within an experiential model. There is an emphasis on practice based knowledge and skills with the content grounded in evidence - based research

and years of practice wisdom. The course is designed for practitioners with supervisory responsibilities. Participants will be able to gain knowledge of the supervisory role, build skills as supervisors, heighten understanding of process within a framework well-grounded in focusing upon forming an accurate diagnosis and understanding of treatment options. There is an emphasis on the practitioner as a tool, a tool that requires an awareness of the impact the supervisor has on the relationship with supervisees/clients, and on the need for continual growth through increased knowledge and skill development.

## LEARNING OUTCOMES:

- To identify concepts, theories and underlying principles of supervision.
- To make an educational assessment and apply theories of professional development stages and learning styles.
- To identify a range of models of practice.
- To increase self-awareness in relationship to clients, work settings and the supervision process.
- To understand comfort/discomfort with authority, use and abuse of power.
- To identify processes of supervision incorporating dimensions of transference & parallel process.
- Participants will do supervision, present as a supervisee and observe these processes, give and receive feedback.
- There is an emphasis throughout the course on developing creativity and critical thinking by exposing the participants to a range of in depth situations encountered in practice.

To register you can contact susan by email.

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